



**Second Annual
Health Horizons
Wellness
Scientific Assembly**

February 23, 24, 25, 2007

Hilton Hotel Convention Center

Albuquerque, New Mexico

EDUCATIONAL OBJECTIVES: This is a meeting underwritten in part by Sundancer of New Mexico, Inc. DBA “Health Horizons” for health care professionals and others in the nutrition, wellness, and weight management areas of medical care. The purpose of the assembly is for attendees to learn about the science of the human body, diseases associated with improper modern nutritional habits, natural approaches to wellness, prevention through food selection and nutritional supplementation. Keys to building a long term patient base using primarily wellness and nutritional education, and retention of those patients will be emphasized. The ethics of the sale of non-prescription health supplements will be discussed and the implication for licensure by state medical boards.

Nutritional medicine is an evolving science and this will be an annual update to stay abreast of the latest clinical thinking. It will be very practical in approach and the faculty will be selected annually for their experience treating patients, not for performing research. This meeting is for educational purposes only and the opinions expressed are those of the individual presenters. They do not reflect the representation or opinion of any specific medical school, corporation or nutritional / supplement company. It is for those intent on learning more about health, wellness & nutrition for their patients.

This activity has been planned and implemented in accordance with Essential Areas and policies of the New Mexico Medical Society (NMMS) through the joint sponsorship of the Greater Albuquerque Medical Association (GAMA) and Health Horizons. GAMA is accredited by NMMS to provide Continuing Medical Education for physicians. GAMA designates this education activity for a maximum of 17 Category 1 credits toward the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the activity.

CEU and CME Credit has also been granted for 17 hours for Nurses, Dentists, Chiropractors and Podiatrists by the respective New Mexico Licensing Boards.

Course Director: Steven A. Komadina, M.D., FACOG

Faculty: Philip Goscienski, M.D., Tony Vendryes, M.D., Steve Komadina, M.D., Arti Prasad, M.D., Janice Moranz, M.D., Reza Ghadimi, P.A., John Seibel, M.D., William K. Summers, M.D., Ruth Miller, D.O., Nan and Barry Eisen, and Don Williamson

Registration Fees: Conference Limited to 850 persons

Full Conference Early Registration Special if by February 1 st :	\$289
Full Conference including meals and course materials after Feb 1 st .	\$339
Saturday and Sunday only	\$250
Meal Ticket for guest (1 lunch, 2 dinners)	\$80

No children or unregistered attendees will be allowed at the presentations. Additional meal tickets will be available for purchase at registration for guests.

This scientific assembly is not financed or sponsored by any pharmaceutical, supplement, vitamin, health company or corporation, or commercial food processor. It is solely organized, presented and partially financed by an educational grant from Sundancer of New Mexico, Inc. DBA Internationally as Health Horizons.

Thursday February 22nd :

Registration 6pm until 9pm Lobby of Hilton Hotel

Evening Free to network with other attendees, settle in to the mile high altitude of Albuquerque and readjust time clocks and jet lag for international attendees.

Friday February 23rd :

Registration and breakfast 7am – 1:30pm

8 am –12 pm Non CME seminar on Supplements

1 pm –5:15 pm CME Seminar Begins

6:00 pm -9 pm Opening Dinner and Keynote Speaker

Networking with conference attendees.

Saturday February 24th :

8 am – 5:30 pm Seminar

Afternoon Breakouts will allow 4 different choices

6:00 – 9 pm Dinner and Networking

Sunday February 25th :

8am – 12 pm Seminar Concludes

1 pm – 5 pm Non CME Seminar on Supplement Sales in Doctor's Offices

Included Amenities for Attendees:

All attendees will receive a course syllabus including all speaker's presentations and notes.

Over 800 pages of printed resource material including books by some faculty.

Buffet Saturday Lunch and Dinners Friday and Saturday are included.

Second Annual CME Health Horizons Wellness Assembly

February 23-25, 2007

Friday

1:00-2:00 Learning From the Past, Living For the Future

Philip J. Goscienski, M.D."

2:00-3:00 Basic Nutrition 101

Tony Vendreyes, M.D

3:00-3:15 Break

3:15-4:15 Fats and Their Role in Nutrition:

Steven Komadina, M.D.

4:15-5:15 Osteoporosis: Treatment and Prevention

William K. Summers, M.D

6:00pm Dinner

6:45-7:45 pm Beyond Healing: the Doctor as a Teacher

Keynote Speaker: Phillip J. Goscienski, M.D.

8:00-9pm Networking With Fellow Physicians

Saturday

8:00-9:00 am	Herbs as Food and Medicine: Tony Vendreyes, M.D.
9:00-10:00 am	Nutrition and Its Effect on the Skin: Janice Moranz, M.D.
10:00-10:15 am	Break
10:15-11:15 am	A Healthcare Paradigm: The Evolutionary Constraint Phillip Growsenski, M.D.
11:15-12:15 am	Diabetes: Latest Concepts in Nutrition John Siebel, MD
12:15-1:00 pm	Lunch
1:00-2:00 pm	Breakout Session
2;10;3:10 pm	Breakout Session
3:10-3:25pm	Break
3:25-4:25 pm	Breakout Session
4:30-5:30pm	Breakout Session
6:00-9:00 pm	Dinner Buffet and Physician Networking

Saturday Afternoon Breakouts: (Choose 4 Classes)

Endocrinology/Thyroid: John Siebel, MD (1 lecture)

Bio-Identical HRT: Ruth Miller, DO (1 lectures)

Alzheimer's: Etiology and Prevention

William K. Summers, M.D. (1 lecture)

Anti-Aging: Tony Vendreyes, M.D. (1 lecture)

Cardiac Nutrition: Tony Vendreyes, M.D. (1 lecture)

Body Composition Science:

Steve Komadina, MD (1 lecture)

Cancer and Nutrition: Steve Komadina, M.D. (1 lecture)

Leaky Gut Syndrome: Nutrition and GI Disease

Steve Komadina, M.D. (1 lecture)

How We Buy and Sell Nutrition (1 lecture repeated X 2)

Don Williamson, wholesale food industry

“Your Mind: Your Own Business”

Nan and Barry Eisen (1 lecture repeated X 2)

Sunday

- 8-8:15 am** **HealthCare vs “Sick”Care: Government, Medicine, Nutrition...Is there a Conspiracy?
Steve Komadina, M.D.**
- 8:15-9:15 am** **Is it Ethical to Sell Health Related Non-Prescription Nutritional Products to a Patient?
Reza Ghadimi, P.A. (New Mexico Medical Board)**
- 9:15-10:15 am** **Therapeutic use of Omega 3 Fats
Steve Komadina, MD**
- 10:15-11:00 am** **Restoring a Squandered Legacy
Philip J. Gowscinski, M.D.**
- 11:00-12:00 pm** **Is Integrative Medicine the Future of Medicine
Arti Prasad. M.D.**

Friday morning and Sunday afternoon there will be optional non-CME lectures on nutritional supplements and creating a wellness nutrition center in a doctor's office at no additional expense to assembly attendees. They are not a part of the GAMA/NMMS CME activity and are not endorsed nor sponsored by either organization.

Official Headquarter's Hotel:

Albuquerque Hilton Hotel Conference Center

1901 University Blvd. N.E.

Albuquerque, New Mexico

(505) 884-2500

Located in The University District, The Hilton Albuquerque captures the unique flavor and artistry of the great Southwest.

From the moment you enter our lobby which was inspired by the Pueblo architecture of the native peoples of the Southwest, you will know that a stay here is truly an unforgettable experience. Rooms are recently remodeled and spacious with breathtaking views of the spectacular high-desert landscape of Mesas and the Sandia Mountains. For guests requiring and even higher level of privacy or amenities, we offer our executive level rooms.

Refer to the Health Horizons' Meeting to ensure you are booked under our block of rooms at the special rate.

With the ski season, the rooms are usually booked to capacity, so make your reservations as soon as you know you are coming to the meeting.

Alternative Accommodations:



2020 Menaul N.E.

(across the street from the Hilton Convention Center)

Albuquerque, New Mexico

(866) 650-4900

<http://mcmelegante.com>

Room Rate: A special single/double rate of \$79 single/double or \$89 if 3-4 to a room will be honored for seminar participants. The rate does not include applicable room tax. It does include a full cooked breakfast each day and free transportation to and from the airport. Room reservations will be accepted at that rate until February 1, 2007.

Refer to the Health Horizons' Meeting to ensure you are booked under our block of rooms at the special rate. With the ski season, the rooms are usually booked to capacity, so make your reservations as soon as you know you are coming to the meeting.

Alternative Accommodations:

Fairfield Inn by Marriott

1760 Manual Blvd. N.E.

(Located next to The Hilton Albuquerque Convention Center)

Albuquerque, New Mexico

(505) 889-4000

Refer to the Health Horizons' Meeting to ensure you are booked under our block of rooms at a special rate.

There are many other hotels within 1-2 blocks of the Hilton Convention Center.

This Manual and University Blvd. location is at the intersection of I-40 and I-25 and is a major hotel/motel area for Albuquerque

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Name _____ **Degree** _____

Mailing Address _____

City _____ **State** _____ **Zip** _____

Phone (____) _____ **FAX** (____) _____

E-mail _____

Credit Card: Visa MC Discovery American Express

_____ **Expiration Date** _____

Signature _____

Please make checks Payable to Health Horizons

Return to:Health Horizons

4801 McMahon NW #101

Albuquerque, New Mexico 87114

If paying by credit card FAX

Completed Form to (505) 893-2844

Or to register by phone call

(505) 893-2840

SEPARATE REGISTRATION FORM REQUIRED FOR EACH PARTICIPANT